

St. George Melkite-Greek Catholic Church

1617 West State Street Milwaukee, Wisconsin 53233-1246

"An Eastern Church in communion with the Church of Rome"

Rectory and Office: (414) 342-1543

The Rt. Rev. Paul G. Frechette, Pastor

Website: byzantinemilwaukee.com

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February 14, 2021 — Forgiveness Sunday (Cheesefare)



Icon of Christ Pantocrator

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Divine Liturgy

A recording will be made available sometime on Sunday on the parish's Facebook page: [facebook.-com/pg/ByzantineMilwaukee/videos/](https://www.facebook.com/pg/ByzantineMilwaukee/videos/). An account is not needed.

Intention: Happy and eternal repose of the soul of DEBORAH Herro (req. by Fr. Philaret)

Troparia

- 1. Resurrection (Tone 4):** The Women disciples of the Lord heard from the Angels the joyful news of the resurrection, and casting away the ancestral sentence, they announced with pride to the Apostles: Death is vanquished, Christ God is risen! And has bestowed great mercy upon the world
- 2. St. George:** O Great among the saints and glorious martyr, George, since you are a deliverer of captives, a doctor for the sick and a noble attendant to kings, intercede for us to Christ God, that he may save our souls!
- 3. Kontakion of Cheesefare:** O You who guide men toward wisdom, and give them intelligence and understanding, instructor of the ignorant and helper of the poor, strengthen and enlighten my heart, O Lord, give me word, O Word of the Father, for behold I will not refrain my lips from crying out to You: O merciful One, have mercy on me who have fallen.

Prokimenon: Sing praise to our God, sing praise! Sing praise to our King, sing praise!

Stichon: All you peoples, clap your hands! Shout to God with cries of gladness.

Epistle: Rom 13:11-14; 14:1-4

Brethren, now our salvation is nearer than when we came to believe. The night is far advanced: the day is at hand. Let us therefore lay aside the works of darkness, and put on the armor of light. Let us walk becomingly as in daytime, not in revelry and drunkenness, not in debauchery and wantonness, not in strife and jealousy. But put on the Lord Jesus Christ, and as for the flesh, pay no attention to its lusts.

But whoever is weak in faith, receive him without arguing about opinion. For one believes he may eat all things but another who is weak, let him eat vegetables. Let not the one who eats despise the one who does not; and let not the one who does not eat judge the one who does, for God has received him. Who are you to judge another's servant? To his own master he stands or falls but he will stand, for God is able to make him stand.

Alleluia: In you, O lord, I have hoped: let me never be put to shame. In your Justice, save me and deliver me.

Stichon: Be for me a protecting God, a sheltering house to save me.

Gospel: Fasting, Mt 6:14-21

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The Lord said, “If you forgive men their offenses, your heavenly Father will also forgive you. But if you do not forgive men their offenses, neither will your Father forgive you your offenses. And when you fast, do not look gloomy like the hypocrites, who disfigure their faces in order to appear to men as fasting. Amen I say to you they have had their reward. But you, when you fast, anoint your head and wash your face, so that you may not be seen by

men to fast, but by your Father, who is in secret; and your Father, who sees in secret, will reward you. Do not lay up for yourselves treasures on earth, where worm and rodent consume, and where thieves break in and steal; but lay up for yourselves treasures in heaven, where neither worm nor rodent consumes, nor thieves break in and steal. For where your treasure is, there also will be your heart.”

Stewardship

Last week: candles=\$28; ordinary collections=\$774; stole offerings=\$1040; donations=\$1,565.

Owed to eparchy (assessment, retirement and medical insurance): \$16,796.08.

There is a link to donate via PayPal on our website: byzantinemilwaukee.com/donate.

Tax Statements

Tax statements for 2020 donations were mailed out. Please contact Benjamin Neumann if you have any questions or if you would prefer to receive a copy via email.

Prayer List

Please remember—All those who are sick and in need: Alice Herro*, Nick Langenfeld, Barb & Bruce Moden (sister- and brother- in-law of Jan Taylor), Eva Nora (niece of the Noras), Bob Peterson, Joe Radanovich, the Rebholz family, Eva Saseen (Theresa and Janelle Herro’s niece), Jan Taylor, Kathy Tomaz, John Zambo and Kathy Zambo. For those we have been asked to pray for: Justin & Krysten Hager (Jan Taylor).

* Please particularly remember Alice Herro who has been having health issues recently.

Schedule for This Week

Monday: *Beginning of the Great Fast (Lent)*

Saturday: *Saturday of the Great among the Martyrs Theodore*

Sunday: *First Sunday of Lent*

10:30am Divine Liturgy

Afterward Liturgy: Memorial Service for the Baho Family

Congratulations and Happy Birthday to Amanda Wahhab (today). May God grant you many years!

Coming Up

The Annunciation: March 25th

Palm Sunday:

March 28th

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Holy Resurrection: April 4th

Great Lent Starts Tomorrow: Practical Suggestions for Fasting

Fasting, like prayer, is something we can grow into. If you are not accustomed to fasting, it can be helpful to begin at one level and deepen your practice as you grow in your life in Christ. The following plan might be helpful.

Beginning level: On Wednesdays and Fridays do not eat any meat and offer a brief prayer several times throughout the day. During the fasting seasons of Great Lent and the Dormition Fast, attend at least one Lenten Service each week. Before the Presanctified Liturgy during Great Lent, do not eat anything for several hours.

A deeper level: In addition to the above, on fast days, do not eat anything before noon and no meat thereafter. Keep additional fast days during the fasting seasons. During Great Lent, in addition to avoiding meat on Wednesdays and Fridays, also avoid dairy products. Attend two Lenten Services weekly and perform some act of charity each day.

A further level: In addition to the above, keep each day in the fasting seasons as a fast day. Attend all the Divine Services during the fasting seasons. Replace entertainments such as TV, movies, shopping, etc. with prayer, spiritual reading and acts of charity.

City Mask Ordinance

It is our understanding that the city requires us to require wearing of masks when in the church building by anyone at least three-years old. Please help us by wearing one, taking it off, temporarily, for receiving communion. According to the Milwaukee Health Department, the best way to prevent coronavirus disease 2019 is to avoid being exposed to the virus and to avoid exposing other people. You can find more information about the ordinance in the form of an FAQ from the health department:

city.milwaukee.gov/Coronavirus/Prevention

True Fasting

“Why do we fast, and you do not see it? afflict ourselves, and you take no note of it? Lo, on your fast day you carry out your own pursuits, and drive all your laborers. Yes, your fast ends in quarreling and fighting, striking with wicked claw. Would that today you might fast so as to make your voice heard on high! Is this the manner of fasting I wish, of keeping a day of penance: That a man bow his head like a

reed, and lie in sackcloth and ashes? Do you call this a fast, a day acceptable to the Lord?

This, rather, is the fasting that I wish: releasing those bound unjustly, untying the thongs of the yoke; Setting free the oppressed, breaking every yoke; Sharing your bread with the hungry, sheltering the oppressed and the home-

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less; Clothing the naked when you see them, and not turning your back on your own.

Then your light shall break forth like the dawn, and your wound shall quickly be healed; Your vindication shall go before you, and the glory of the Lord shall be your rear guard. 'Then you shall call, and the Lord will answer, you shall cry for help, and he will say: Here I am!

If you remove from your midst oppression, false accusation and malicious speech; If you bestow your bread on the hungry and satisfy the afflicted; 'Then light shall rise for you in the darkness, and the gloom shall become for you like midday.'

The Prophet Isaiah (58:3-9)

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